

THE PULSE

**PRESENTED BY
THE GRADUATING CLASS
SEPTEMBER, 1965**

Oshawa General Hospital.

VOLUME VI

Dear Mom and Dad,

We wish to express our appreciation to you, our parents, for your unfailing support, guidance, and love which you have shown to us during our student years. This book is dedicated to you as a small offering of our lasting love and respect.

God Bless You,

The Class of 1965.

If we work upon marble, it will perish;
if on brass, time will efface it;
If we rear temples, they will crumble,
but if we work upon immortal minds,
And imbue them with principles,
with the just fear of God and
Love of our fellow men,
we engrave on those tablets
Something that will brighten
all eternity.

Webster.



A Message From The Director of Nursing



A Message to the Graduating Nurses

At this time, sincere congratulations are extended from all who have had a part in the realization of your accomplishments throughout your course in the school of nursing.

Graduation is a time for reflection and evaluation. It means happiness and gratitude and these are two of life's most treasured possessions. A goal which you established years ago has been attained and graduation represents one of life's dreams which has come true.

Graduation also means opportunity and responsibility. Within the province of nursing, there is a major responsibility for alleviating the ills of mankind. It is an established belief that few occupations provide such rich opportunities as nursing to inspire well-being and comfort for those entrusted to our care. No matter how realistic or coldly scientific the situation in which we find ourselves, there is a pervading quality of humanism between nurse and patient.

In nursing, we are not working with unresponsive objects, but with human beings in need. We are in sympathy with our patients when they are in deep pain and trouble. We rejoice with them when they come again into the sunlight of health and hope. We share their thanksgiving because we have had a part in their recovery.

Social consciousness is what makes one nurse stand out above all others, for this is the nurse who has a real concept of responsibility. We have become responsible when we can continue in our attitude of compassionate love, not only in nursing but in all the dark alleys and bright highways of our lives. Nurses have traditionally provided leadership in solving social problems of our environment. May the light never fail.

May graduation bring to all a very real feeling of gratitude, satisfaction and happiness and may you be blessed to enjoy future experiences as you travel new roads.

M. Telford
Director of Nursing



W. A. Holland
Administrator

ADMINISTRATOR'S GREETINGS



J. C. Hepburn
Assistant Administrator

On behalf of the Staff and Board of Directors, I wish to offer congratulations to those Students in the Graduating Class.

As we believe that a good School of Nursing contributes much to the overall quality of patient care of the hospital, we express our appreciation to our students for adding that certain touch so vital to a speedy and uneventful recovery.

We are proud of our School of Nursing record and are certainly pleased to be able to offer our best wishes to you for continued success in your nursing career.

—W. A. HOLLAND,
Administrator.

Address

From

Chief of Staff



It is a pleasure to bring the congratulations and best wishes of the medical staff to the class of 1965.

Three years seems a long time when you enter training, but I am sure that now you feel that it has been well worth the time and effort you have given. Although demanding, nursing will repay you many times over in personal satisfaction knowing you are helping people in their time of need.

We are proud of you and we know that you will be a credit to your profession and to your hospital.

Good luck to you in the coming years.

D. J. McLean, M.D.
Chief of Staff,
Oshawa General Hospital.

NURSING SERVICE



Mrs. E. Friend
Assistant Director of Nursing Service
Mrs. M. Gulliver
Associate Director of Nursing Service



Assistant Supervisors
Mrs. B. Murphy
Mrs. B. Yurichuk



Evening Supervisor
Miss B. Clark

Assistants
Mrs. B. Spry
Mrs. C. DeBeaupre

Night Supervisor
Mrs. G. Bulmer

Assistants
Mrs. M. Noonan
Miss B. Dymond



SCHOOL OF NURSING STAFF



Miss G. Hill
Associate Director of Nursing Education



Miss M. Lenfesty—Nursing Arts
Mrs. M. Peddle—Medical Nursing
Mrs. MacColl—Science
Miss D. Wright—Paediatric Nursing
Mrs. Adams—Paediatric Nursing
Miss West—Medical Nursing
Mrs. Kennedy—Operating Room
Miss Nixon—Surgical Nursing
Mrs. Sands—Obstetrics
Mrs. Romeril—Medical Nursing
Miss Burns—Surgical Nursing
Mrs. Jeffrey—School Librarian

"Thank you for your kind assistance,
supervision and understanding."

The Class of 1965

Scholarships and Prizes

SENIOR YEAR

The Adelaide L. McLaughlin Prize for General Proficiency MARILYN ELIZABETH BROCKMAN	Oshawa, Ontario
The Mazo Williams Memorial Prize for Highest Standing in Theory JOY LOUISE WHITELEY	Oshawa, Ontario
The Class of 1964 Prize for Efficiency in Bedside Nursing SANDRA ANNE MYERS	Oshawa, Ontario
The Dr. G. L. Bird Prize for Efficiency in Surgical Nursing DORIS COLLEEN WRIGHT	Enniskillen, Ontario
The Eleanor Lovell Prize for Efficiency in Obstetric Nursing SHARYN JANE JONES	Claremont, Ontario
The Dr. F. J. Rundle Prize for Efficiency in Surgical Technique CAROL JEAN SMITH	Uxbridge, Ontario
The Dr. W. G. Watt Prize for Efficiency in Paediatric Nursing MARIE LOUISE TAYLOR	Oshawa, Ontario
The E. A. Lovell Prize for Efficiency in Medical Nursing CAROL MARGARET EVANS	Oshawa, Ontario

INTERMEDIATE YEAR

The Supervisor's Prize for General Proficiency CONNIE MARIE CROSSMAN	Oshawa, Ontario
The Business and Professional Women's Club of Oshawa Prize for Highest Standing in Theory SARALYNN GUTSOLE	Oshawa, Ontario
The Dr. W. H. Stanley Prize for Efficiency in Surgical Nursing PATRICIA LOIS DELANEY	Oshawa, Ontario
The "Best Friend" Prize REVA HEATHER BELL Chosen by her classmates as the one most noted for her cheerfulness, helpfulness and kindness to other students.	Oshawa, Ontario

JUNIOR YEAR

The Alumnae Association, Oshawa General Hospital School of Nursing Prize for General Proficiency SHARON ELLA GREER	Kirkland Lake, Ontario
The Award Certificate — The Canadian Nurse Journal for Second Highest Standing in General Proficiency JUDITH ANN SPARROW	Bowmanville, Ontario



STUDENT GOVERNMENT 1965



Each year, with the help of the student body, the Student Council is becoming more and more active. It is undertaking new projects and upholding old traditions. The affairs of the past year have been very successful, including the Variety Show and the Christmas Dance, the 'Swiss Swirl'.

I wish to thank all those who worked so industriously, not for personal gain, but for the benefit of all students. I would also like to take this opportunity to thank Mrs. Telford for her guidance and understanding which is always available.

To all students I would like to express our appreciation for your support and active participation and wish you all success and happiness in the coming years.

To the Graduating Class of 1965, I extend on behalf of Student Council congratulations and best wishes as you embark on the road to success.

I close with the words of Antoine Arnauld

"Perfect consists not in doing extraordinary things,
but in doing ordinary things extraordinary well."

Joy Whiteley

President.



Janet E. Robertson

EDITOR'S ADDRESS

This year, our "Pulse", wrapped in a new red cover, has endeavoured for the sixth time, to capture the special moments of a full three years.

Many happenings in residence and on duty have been recorded so that in future times we may turn its pages and become lost in reminiscence of our unforgettable student days.

I would take this opportunity to thank our advisers, the yearbook staff and all those who participated in the production of our yearbook.

I would also wish every one of my classmates and the undergraduates a happy, fruitful life and a successful career in our chosen profession. May all your dreams be fulfilled and

May the light never fail.

J. Butler
Literary



N. Given
Ass't. Editor



B. Cook
Junior Reporter



PULSE STAFF



D. Hopps
Treasurer



S. Shoniker
Social Reporter



M. Brockman
Secretary



D. Wright and H. Bell
Photographers



L. Linscott
Senior Reporter



M. Miller and M. Taylor
Advertising



S. Reaume
Intermediate Reporter



Tom Harrison
Publishers' Representative

THE NIGHTINGALE PLEDGE

I solemnly pledge myself before God
and in the presence of this assembly:

To pass my life in purity and to
practise my profession faithfully.

I will abstain from whatever is deleterious
and mischievous and will not take or
knowingly administer any harmful drug.

I will do all in my power to maintain
and elevate the standard of my profession,
and will hold in confidence all personal
matters committed to my keeping, and
all family affairs
coming to my knowledge in the
practice of my calling.

With loyalty will I endeavor to aid
the physician in his work, and
devote myself to the welfare
of those committed to
my care.

GRADUATES



VALEDICTORY ADDRESS

It is indeed, a great privilege to have been chosen to express the feelings of my classmates and myself on this, our "Graduation Day".

As we travel along this roadway of life, we reach certain milestones where we pause for rest and reflection. We think of all that has happened and the people with whom we have associated. So it is with us to-night as we recall some of the pleasures, the disappointments and outstanding events of the past three years.

Our experiences have been many and varied. We, as nurses, have found deep satisfaction from our association with one another and in our common endeavour to heal the sick. With sympathy and compassion, we cared for the aged, exchanged friendly words with others and tried to use our knowledge and skill in restoring the patients to health. We have witnessed the miracles of life and death and solemnly have thought of an intangible Power much stronger than our own.

As we near the completion of our basic course in nursing, we realize that it is not enough to care for the patient's physical well being alone. We must be tolerant and understanding when our patients are apprehensive. Their emotional and spiritual welfare are important and in order to be helpful, we must re-affirm our faith in God.

This will surely help us to recognize and correct our short comings and to work towards the establishment of happy homes, united communities, and a peaceful world.

Our course at the Ontario Hospital, Whitby, provided us with an insight into the emotional turmoil of the mentally ill and the many problems they face on re-entering the community.

At the Toronto Hospital, Weston, we were impressed with the fact that medical science has advanced sufficiently to cure a disease, which was once difficult even with long and arduous treatment.

Our affiliations were interesting experiences and contributed greatly in broadening our scope and adaptability in the various branches of nursing.

In this age of confusion and perplexity, we look forward to the future with hope, ambition and enterprising spirit. We are anxious to broaden our interests, to improve our skills and to hold firm to the principles which have been passed down to us through the years.

To-night marks a turning point in our lives. Now, we face the responsibilities for which we have been prepared. We shall be travelling in different directions, some of us to marriage and motherhood, others to further education, and still others to venture abroad.

Together in residence, the three years have passed very quickly and we have helped each other through periods of discouragement, happiness, fatigue and sorrow. Each of us has shared the achievements, the failures and the future aims of our classmates. We shall all carry with us fond memories of our days in residence.

In many ways, the "Class of 65" has changed the tradition of the Oshawa General Hospital. We were the first class to receive our pediatric nursing course at our home school, the last class to wear black shoes during our first year and the first class to wear diagonal blue bands on our caps in recognition of our Intermediate year.

We realize, of course, that we have not travelled along this road alone. There have been many people who have guided and influenced us along the way, when we were uncertain of ourselves.

To you, Mrs. Telford, and Miss Hill, we owe a great debt of gratitude for your never failing interest in our welfare and for so ably guiding us during our education.

To our instructors — we offer thanks for their patience, guidance and faith in us at all times.

We are indebted to the Head Nurses and the nursing staff for their practical advice, supervision, and encouragement on the ward.

Our appreciation is also extended to the Medical staff for their lectures and timely explanations in answer to the many questions which we asked, often at the wrong time. We are grateful for their concern and helpfulness during our illnesses.

Gratefully, we remember the Board of Directors, the Women's Hospital Auxiliary and the Alumnae Association of the School of Nursing, who have given us their support and who have made our days in residence so much more enjoyable.

We wish to express our thanks to the friends we have made in this community and to our close friends who have helped in the many small ways that mean so much.

Above all, we realize how fortunate we are to have loving, understanding parents who have made possible our three years here. We wish to thank them for never losing faith in us during the long, uncertain "growing-up" years. We, in return, will strive in every way to be a credit to our parents.

To my colleagues in the graduation class, I offer you my sincere "Congratulations". I have truly enjoyed my association with you. In years to come as we reminisce at reunions and parties we will remember our happy days together.

To the junior and intermediate class we offer encouragement and good wishes. It may be said that they also have graduated to-day, for now, they have advanced a step nearer their goal.

As we leave, it is not in sadness, but rather with a feeling of satisfaction and pride in our Alma Mater. We will try to uphold the standard of service which has been established.

To our three years in the school of nursing — "au revoir" — looking toward the future — "bonjour".

Marjorie Baker

VALEDICTORIAN



Marjorie Baker
Belleville, Ont.

Lynda Blaize
Islington, Ont.



Marilyn Brockman
Oshawa, Ont.



Sally Callison
Oshawa, Ont.



Judith Butler
Belleville, Ont.

Diane Crowe
Bobcaygeon, Ont.



Audrey Conway
Toronto, Ont.



Joyce Davey
Tyrone, Ont.



Carol Evans
Oshawa, Ont.



Constance Eley
Port Hope, Ont.





Carol Fenton
Cobalt, Ont.



Jo-Anne Galloway
Ajax, Ont.



Nancy Given
Bobcaygeon, Ont.



Bonnie Hooker
Oshawa, Ont.



Dianne Hopps
Oshawa, Ont.

Carolyn Lee
Oshawa, Ont.



Sharyn Jones
Claremont, Ont.



Elizabeth Linscott
Belleville, Ont.



Louise Moore
Cobourg, Ont.



Goldwyn MacDonald
Mayford, Ont.





Diane Morrison
Beaverton, Ont.



Sandra Myers
Oshawa, Ont.



Kathryn Pearse
Etobicoke, Ont.



Carolyn Pegg
Sutton West



Janet Robertson
Oshawa, Ont.

Carol Smith
Greenbank, Ont.



Sheila Shoniker
Belleville, Ont.



Karen Standing
Toronto, Ont.



Donna Stoughton
Belleville, Ont.



Lynda Tayler
Picton, Ont.

Sharon Walker
New Liskeard, Ont.



Marie Taylor
Oshawa, Ont.



Joy Whiteley
Oshawa, Ont.



Doris Wright
Enniskillen, Ont.



Gwendolyn Woolacott
Cobourg, Ont.



GRADUATION ACTIVITIES 1965.

BACCALAUREATE SERVICE

On Sunday evening, May 30, the Graduating Class of 1965 was present for their Baccalaureate Service held in Knox Presbyterian Church. Rev. G. W. C. Prett delivered a sermon on "service and example" to the nurses and their families. The service was followed by a reception in the hospital cafeteria, sponsored by the Women's Auxiliary.

INTERMEDIATE-SENIOR BANQUET

On Wednesday, May 12, the Intermediate Class held a banquet in honour of the graduating class. A delicious buffet supper was served in the cafeteria and followed by dessert in McLaughlin Hall, where each graduate was presented with a red leather change purse initialled in gold "OGH". This event was the first of many memorable evenings.

GOLF CLUB LUNCHEON

An entertaining luncheon was held at the Oshawa Golf Club on Thursday, May 27, 1965 by the Women's Auxiliary of the hospital. Following grace and a toast to the Queen, a delicious meal was served, after which Mrs. W. McCansh, the president of the Auxiliary spoke to the graduates. Each girl received a white pen engraved in gold with her name as a memento of the occasion. The afternoon was concluded by a sing song and three lovely solos rendered by Mrs. C. G. Storie.

MOTHER AND DAUGHTER TEA

On Thursday, June 3, the graduating class, their mothers and friends were guests of the Head Nurses and Educational Staff of the hospital in McLaughlin Hall. Miss Cole and Mrs. Gulliver poured tea and Mrs. Telford presented a warm welcome.

FATHER AND DAUGHTER BANQUET

Thursday evening, the graduating class entertained their fathers at a banquet in the Fleetwood Room of the Genosha Hotel. An enjoyable evening of socializing, singing and reminiscence was the perfect ending to a wonderful week prior to graduation.



A whirl of social activities!





"GRADUATION DAY" — JUNE 4, 1965

A memorable day in the life of each nurse was Graduation Day. The pride each felt was overwhelming as she stepped forward to receive her pin and diploma. Relatives and friends filled the auditorium of O'Neill Collegiate Institute to share the happiness which radiated from the 35 proud members of the class of 1965.

DINNER AND DANCE

The annual dance and dinner was held at the Kinsmen Community Centre on Saturday, June 5th. The members of the graduating class were the guests of the Alumnae Association. It proved to be one of the most memorable evenings of our lives. Long white formals and tuxedos reigned supreme.

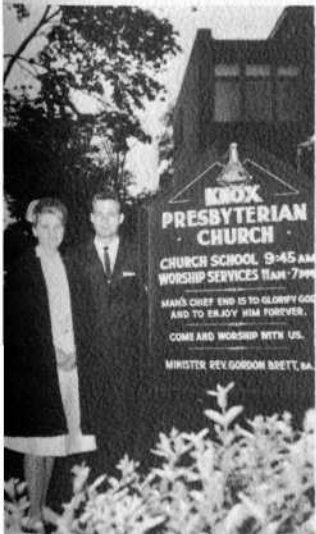
Following the dance the graduating class left for Pigeon Lake near Bobcaygeon to Dianne Crowe's cottage where a night of dancing, swimming, and canoeing followed. This brought 'Graduation '65' to a Grand Finale.



Baccalaureate Service



The Dance



The day after

Senior Activities Around Residence

DO YOU REMEMBER WHEN —

1. We were Juniors?
2. The student left the cafeteria with one nylon?
3. The student who tried to take a nap, in Mrs. Peddle's respirator?
4. The time a senior student took a visitor's temperature?
5. When it took a certain Austin 7 hours to go 80 miles?
The girls arrived, the car didn't.
6. There was a certain 'hideaway'?
7. We played Euchre!
8. We wrote essays on courtesy?
9. We had milk breaks in school?
10. Swimming to work on a rainy day?
11. The only well rested students were on ten o'clocks?
12. When we were Seniors?

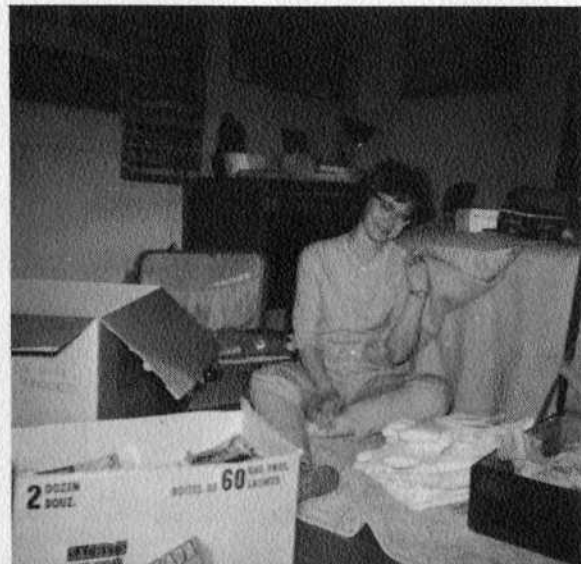
Love That Pizza!



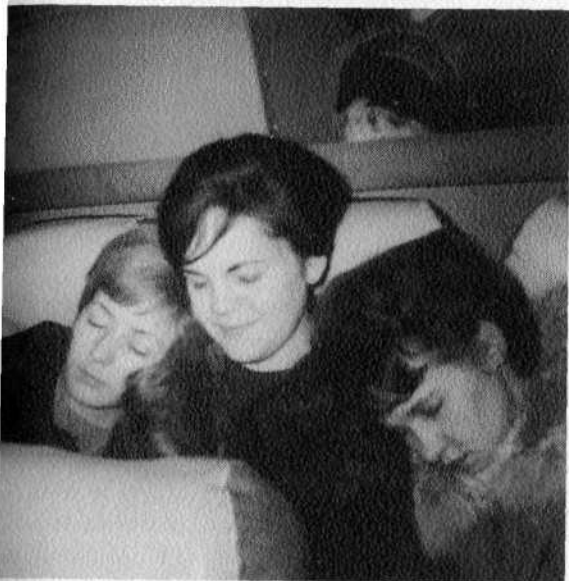
"I'm just a little girl".



Cleaning Up.



Mother Robertson



Senior Field Trips



Playing Euchre.



Practice Makes Perfect.



Sheila's Mascot.



Marjorie's Beauty Salon.



Souvenirs of the Outlet



Remember those bruises!



A new way to learn.



Pizza Party?



Photogenic!





SENIOR LECTURES FEBRUARY 1965



Monday morning.



Coffee break.

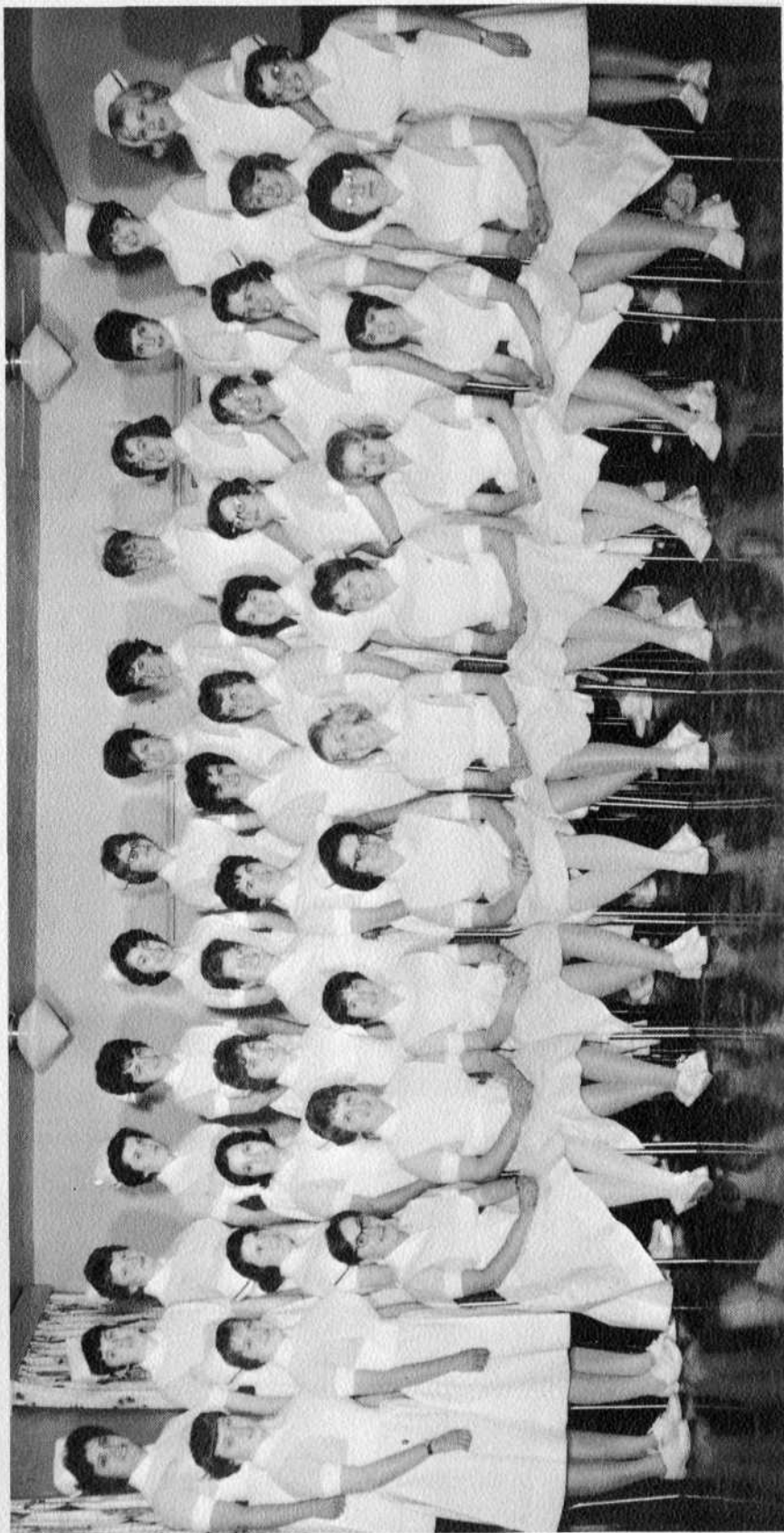


IT'S UP TO ME

I get discouraged now and then . . .
When there are clouds of grey
. . . Until I think about the things
. . . That happened yesterday.
I do not mean the day before
Or those of months ago . . .
But all the yesterdays in which
I had the chance to grow.
I think of opportunities . . . That
I allowed to die . . . And those
I took advantage of . . . Before
they passed me by . . . And
I remember that the past
Presented quite a plight
But somehow I endured it and
The future seemed alright
And I remind myself that I
Am capable and free
And my success and happiness
Are really up to me.

J. J. Metcalfe.

INTERMEDIATES



Back Row: Florence Lowes, Theresa McGuire, Ruth Kay, Betty-Ann Carrington, Dianne Tink, Donna MacDon-
ald, Sharon Cannon, Linda Tapscott, Shirley Gardiner, Jane Failes, Victoria Day, Maria Hugenholtz, Marilyn
Copeland, Inger Stalbecker. **Middle Row:** Anne Hall, Ruby Wilkins, Saralynn Gutsale, Sandra Wilson, Connie
Crossman, Heather Bell, Carole-Anne Wood, Peggy Stevenson, Lois Delaney, Catherine Dunn, Edith Drink-
walter, Irene Thaczuk, Joan Bradburn, Paulina Haupt, Patricia Hasson. **Front Row:** Joy Clarke, Marian Sharp,
Diane Robinson, Heather Sheldon, Sandra Reaume, Barbara Shortt, Michelle Miller, Sharon Henderson,
Nancy Bulmer. **Missing:** Janet McKay, Paulette Watts, Donna Johnston, Linda Gibbs.

Affiliations



"Public Health?"



"Oh! here we go again".



"Taking a breather!"



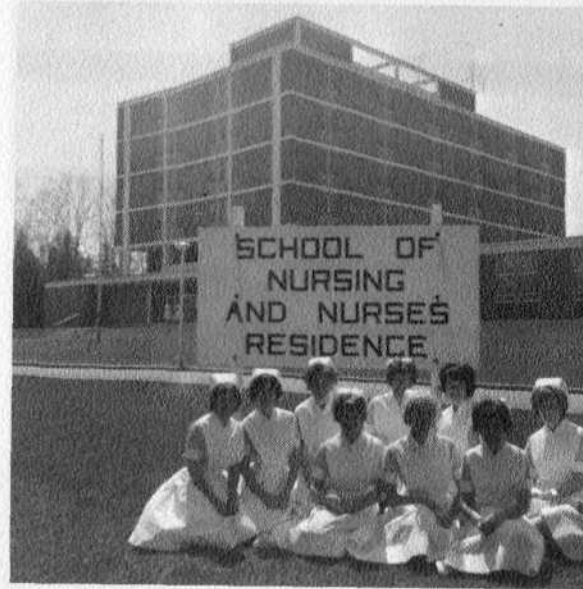
"You know what I mean".



and Special Experiences



The 4 "Stoodgents!"



Sitting Pretty?



One more day of this place and I'll jump!

Meanwhile back at the water works!





Party time



Friendships renewed at Christmas Dance.

Have some tea?



Where to now?



Car wash with Dr. Stocks and family.



Dear Editor;

A year that has passed so quickly, hardly seems capable of holding as much as it has for us, the class of 1966.

In November the Intermediate Class held a "Get Acquainted Party" for the new Junior Class. At Christmas we gathered together to exchange season's greetings and gifts.

The second year class was taken on a tour of Sick Children's Hospital in the fall; to observe paediatric nursing in a large centre as we now take this experience in our own paediatric area.

March 17th, 1965 the half way point in our training was marked by a winter blizzard as well as an evening at the O'Keefe Centre, Toronto, to see a Broadway musical comedy, "How to Succeed in Business without Really Trying."

A sunny mid-April Saturday proved a successful day for our Car-Wash where over \$100.00 was earned in order to sponsor the Banquet that we held in May in honour of our Graduating Class.

These events are only secondary to our Special Experiences and Affiliations. Obstetrical and Paediatric Nursing, Psychiatric Nursing at O.H.W. and also half our class had the opportunity to spend one month at Weston Tuberculosis Sanatorium in Toronto before this affiliation was curtailed in May.

The past has its store of joys

we remember,

The future is ours

undefiled . . .

Let us carry our weight

with courage of men,

But proceed with

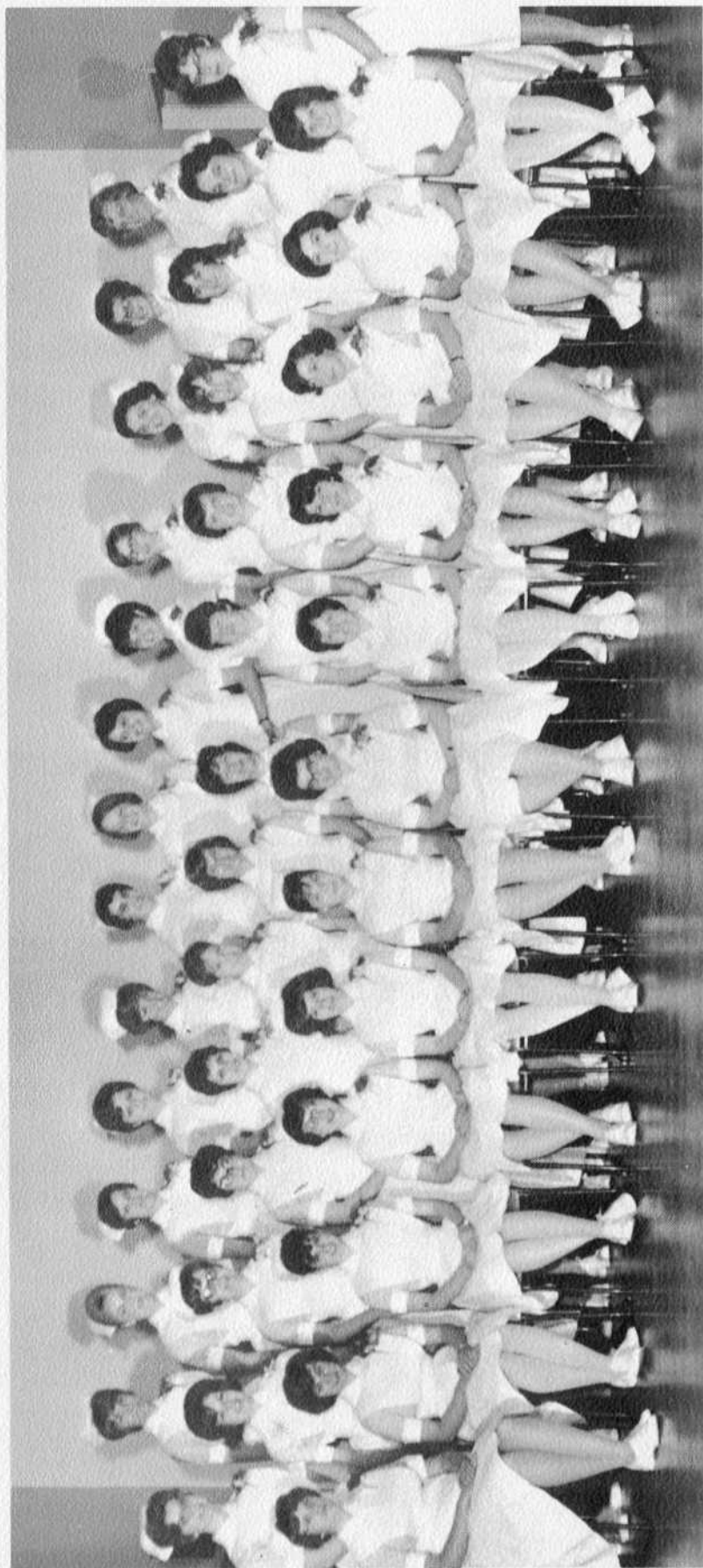
the trust of a child.

Kathleen Partridge.

JUNIORS



The Class of 1967



Back Row: S. Siblock, J. Buchanan, J. Huston, J. Parker, J. Farnell, H. Hill, J. Graham, E. Cook, K. Goodison, B. Harpur, D. Galt, L. Crowe, E. Koblak.

Middle Row: J. Sadler, J. Parks, G. Disney, L. Johnston, E. Nedozytko, E. Winning, S. Scott, A. Vitkuske, S. Greer, G. Fisher, M. Sunter, J. Harrison, J. Sparrow, D. Smallpiece.

Front Row: M. Lymer, S. Elliott, L. Hicks, D. Hladys, J. Rutherford, B. Walker, M. Sharpless, P. McCullough, C. Noyes, J. Walker, G. Wilson, P. Hamilton.

Acceptance Ceremony



Lining up in Northminster Church.



Miss Cole "Big Sister!"



Miss Hooker
& Miss Disney

Big and Little Sisters

Miss Wright
& Miss Hill



Smile Everyone!



Mrs. Telford offers congratulations to Miss Graham.



A prize winner!



Cast is ready!
We're on our way to
Broadway!



Here is Ann
taking a
moment to
view
Mr. McLaughlin's
flowers.



Such pretty gifts beneath the tree!



"Granny" Gayle and
"Anastasia" Sharon
Play their parts.



Intermediate
Janet McKay
telling the
juniors about
enemas.



"To study or not
to study",
says Janice.



The studious class of '67'.

The night
Carol and
Joan were
caught
sneaking in.



"5f Miss Cook speaking, yes, Miss Elliot is
right here."



This is Barb ready for duty.

STUDENT





ACTIVITIES



SOCIAL COMMITTEE

J. Graham
D. Hopps
P. Stevenson
J. Rutherford
C. Eley
R. Wilkins

ENROLMENT

On September 10, 1964, the new Junior class was welcomed into this School of Nursing by Mrs. Telford, the instructresses, and the senior students. Tea was served and then goodbyes were said to parents. After a short meeting in their new home, Alexandra Residence, they were met by their Big Sisters who took them over to supper.

Eager, enthusiastic, and full of questions, we showed them around the hospital hoping to make them feel more at home in this new place.



MUSIC COMMITTEE

M. Sunter
M. Sharpless
E. Drinkwalter
S. Henderson
S. Jones



PROBIE RECEPTION

The Nurses' Christian Fellowship, on Sept. 30, 1964, welcomed the Class of 1967 with a party in McLaughlin Hall. Various games preceded the guest speaker, Miss Terry Martins, of Toronto. The evening was concluded with refreshments.



"The Last Supper"

INITIATION

September 24, 1964! — a dreaded day for the Juniors — a dreamed of day for the Seniors. Bizarre but original creations were worn by the Juniors. The gala event started at 4:30 p.m. with supper served by the class of '67 in the cafeteria. They were then led downtown and employed as trusty servants to scrub the main street. They entertained police and firemen before returning to residence where penalties were paid for misdemeanors. Entertainment was provided by each class and our instructors. Refreshments followed.



I am a Probie!

Hurry! We'll be late!



Guess Who?





Of course I can twist!

Some Swiss
beauties



Did someone say it's snowing?



Leave some
for me!

A honeymoon in Switzerland!





"Polka anyone?"

SWISS SWIRL

The annual Christmas Dance was held on Dec. 19, 1964 at the new Simcoe Hall Boys' Club. Couples danced under a ceiling of white snowflakes to the dreary music of George Macko. A lovely Swiss Chalet set the theme for an enjoyable evening.



"We don't know how to polka!"

A break for refreshment.



Waltzing in a winter wonderland!

HOSPITALENT 1965

The third annual Variety Show was presented to the public on November 18 and 19, 1964 in St. Gregory's Auditorium. This year we endeavoured to display our talents as playwrights. The production was a musical comedy, written, produced and directed entirely by a group of students. The theme, "Look for a Star", featured a play, various dance routines, the school choir and the Burn's Beatles. Maxim Wickens and Marjorie Baker did an excellent job of directing a cast of "thousands".



Variety Show Executive.



Beatles' Cheerleaders.



Everything's Coming Up Roses.



Yeah, Yeah, Yeah!



Aunt Cecelia's visit.



Making scenery in McLaughlin Hall.



Oh! What a Beautiful Morning!



I wonder how Coreen likes
her new play?

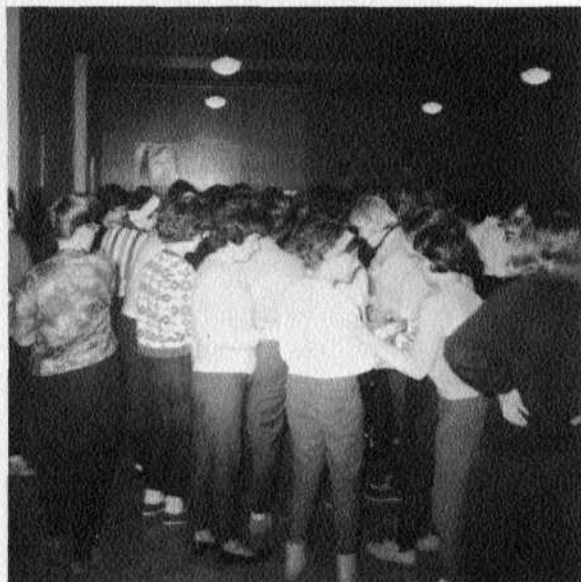


Ed Ingram—alias
"Oswald Webfoot-Thyne"
thinks he's found a star!

SKATING PARTY

March 10, 1965, the Brooklin doctors played host to the student nurses with a skating party at the Whitby arena and later a singsong and refreshments were enjoyed by all at the Brooklin Town Hall. This event is much looked forward to every year by all the students because we are always assured of a thoroughly enjoyable evening.

We would like to extend our sincere thanks to the Brooklin doctors for their generosity and kindness. It was a ball!





BIG AND LITTLE SISTER PARTY

A get-acquainted party was held in October, 1964 to give the junior class—"our little sisters" a chance to get to know their "big sisters"—the seniors. Diane Hopps convened for the party. Songs, dances and many games were played and everyone had a lot of fun.

Hot-dogs, chocolate milk and a beautifully decorated cake were served at the climax of the evening. As the party came to an end we all agreed that we had made many new acquaintances and wish the class of 1967 a successful three years.





Nursing is an opportunity to help people when they are most in need. To be a good nurse means to understand and care for the whole person — his mental and spiritual, as well as physical needs. But the nurse must, first of all, possess within her own life a sense of security, a joy and tranquility of spirit that will enable her to lend courage, cheerfulness, and hope, with real understanding, to the patient.

Nurses' Christian Fellowship recognizes the necessity of meeting the nurses' need first if she is to minister to the needs of her patients, and seeks to help the nurse find a vital personal relationship with God through Jesus Christ, and to maintain that relationship through Bible studies, prayer and other types of Christian fellowship.

Sharon Walker.





NURSES CHRISTIAN FELLOWSHIP

THE CONQUEROR

Fear fluttered into my heart
Where it was met with dismay;
Making a havoc of hope,
Fear stayed all day.

Fear thundered into my heart,
Where it was met with a smile;
Baffled, bewildered, confused,
Fear left for a while.

Fear trembled into my heart
Where it was met with prayer;
Instantly — turned into joy—
Fear was not there.



Hold fast your dreams within your heart,
Whatever might befall;
Let others laugh, if laugh they will,
But keep your dream through all.

Hold fast that love and wondrous smile,
However small they seem,
For life will mean so much much more,
If you hold fast your dream.

—G. A. Schultz

MEDICINE





MISS M. ATKINSON—Head Nurse 2D
MRS. D. HENNIG—Assistant Head Nurse

BONNIE HOOKER—Pill Pusher



DORIS WRIGHT—Making Rounds.

AUDREY CONWAY—Birthday Wishes.



LYNDA TAYLER—A Helping Hand.



**MISS B. STORIE—Head Nurse 2A.
MRS. L. LAXTON—Assistant Head Nurse.**

**MISS D. MILLSON—Head Nurse 2C.
MRS. B. FLETCHER — Assistant Head Nurse.**



LOUISE MOORE—Friends.



MRS. K. BLACK—Head Nurse—6F
MRS. McCULLOUGH—Assistant Head Nurse

6 F

SEGREGATION AND



AUDREY CONWAY — JANET ROBERTSON
 Oops — We goofed.

F. WALKER — J. ROBERTSON



ISOLATION



JANET ROBERTSON
BURNS—BURNS—BURNS!



MRS. MYERS — Isolation—6F



NANCY GIVEN—Beware!





MRS. PAYNE—Head Nurse—3B
MRS. POWELL—Assistant Head Nurse



MRS. LYMER—Head Nurse—1E
MRS. THOMAS—Assistant Head Nurse
 FAREWELL PARTY

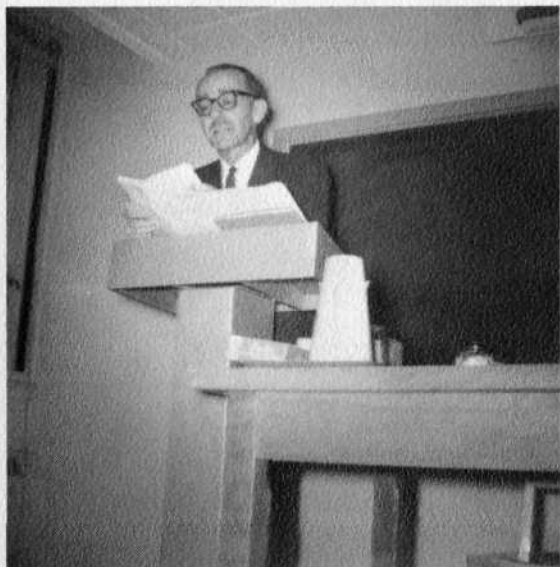
NANCY GIVEN—Don't forget the keys.



DRUG FAIR '65
 Audrey Conway and Sally Callison

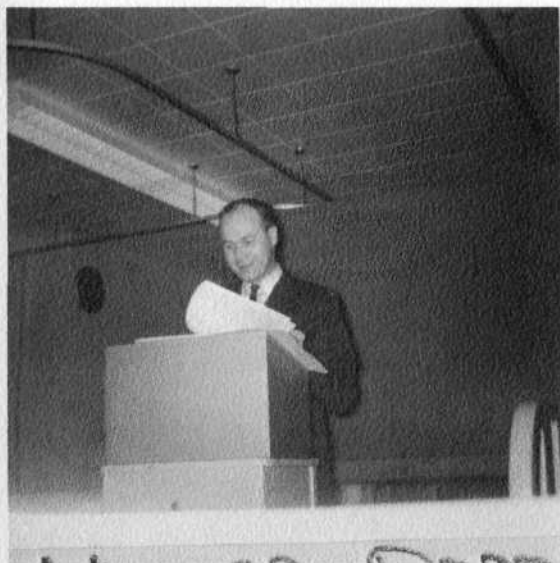


DR. PICKERING



SHARON JONES — CAROL LEE
Is that so!

DR. STOCKS—Always Joking



How many days left?



I should like to extend the best wishes of the Section of Surgery to the Class of 1965. In these days when the supply of trained nursing personnel seems so difficult to maintain, we hope we will continue your interest in your profession and make your full contribution to this important aspect of medicine. May every good fortune be yours.

C. S. Campbell, M.D.
Chief of Department of Surgery

SURGERY





MRS. B. NORTHEY—Head Nurse 3A
DRS. M. BEACH—Assistant Head Nurse



THE 3A GANG



MISS M. BROWN—Head Nurse 3C

JO-ANNE GALLOWAY — J. BUCHANAN
J. SADLER





**MARJORIE BAKER—MRS. H. NORVILLE
SHARON JONES**



**MRS. Z. DIONNE—Head Nurse 3F
MISS S. FRASER—Assistant Head Nurse**

DR. R. GILL



LIZ LINSOTT—A Helping Hand.



MRS. A. HENDERSON—Head Nurse—5F
MRS. J. MARKLE—Assistant Head Nurse



MARIE TAYLOR—KAREN STANDING



MARIE TAYLOR

I.C.U. STAFF





MISS J. COLE—"Golden Anniversary"



MISS A. SCHAAAN—Head Nurse—O.R.

PAUSE FOR REVIVAL



AUDREY CONWAY — HEATHER SHELDON



P. HAUPERT—DR. DILLON—C. MACDONALD

RECOVERY

ROOM

MISS McKAY—Head Nurse



JUDY BUTLER





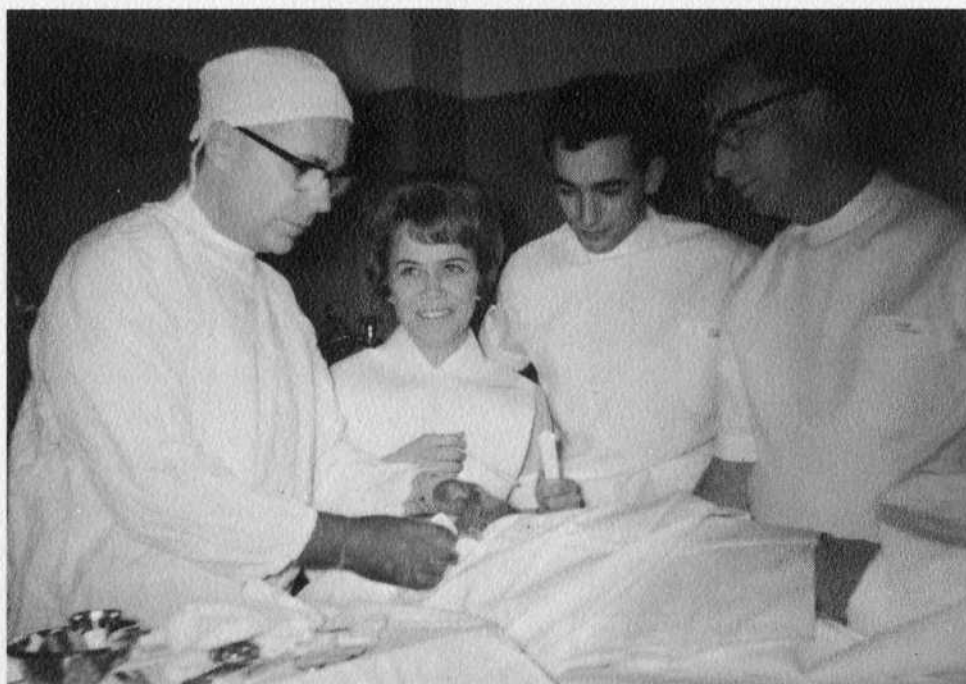
F. LOWES



MRS. E. VANDERWALKER—Head Nurse

EMERGENCY

DR. KOWALSKY — E. LINSCOTT — D. BROWN



WHAT IS A CHILD?

A child is a symbol of love between man and woman
joined together as one by God's Holy ordinance!

A child is that small creature wrapped warmly
in a blanket sleeping in a mother's arms!

A child is the pause of little footsteps pattering
about a home!

A child is that bundle of energy running to
greet a loved one!

A child is an image of its father with a likeness
to its mother!

A child is a lamb of God!

A child is an individual!

Nancy Given '65

PAEDIATRICS





I am happy to send greetings to the Student Nurses. Congratulations to the Graduating Class. We all hope that you will still show the same youthful enthusiasm for nursing in 30 years' time as you show now.

In the age of the computer, and laboratory tests, general paediatric nursing still demands a close tie between the nurse and the child, and those who love and understand children can do this, and so give the sick child the support he needs in the often strange and terrifying new environment of the hospital.

Remember also, that with regard to adult nursing, he or she has similar fears and needs great support, and this of course can be harder to give spontaneously to the adult, than to the small child.

Dr. W. Gilchrist
Chief of Paediatrics





QUEEN FOR A DAY



MISS D. FRALEIGH—Head Nurse
MRS. DOWDEN—Assistant Head Nurse



MRS. J. HOUSTON—Head Nurse—2B

MISS D. DALEY



JANET McKAY





The following creed is attributed to Robert Louis Stevenson.

"To be honest, to be kind, to earn a little and spend less, to make upon the whole, a family happier for his or her presence; to decline or refuse if that be necessary and not to be embittered or have recriminations; to have a few friends but these without giving in or regrets; above all to remain on good terms with yourself; here is a task for all human beings of fortitude and diplomacy."

The graduate nurse must be a person of fortitude and diplomacy and if we of the staff of Obstetrics & Gynecology have added a measure to your education, and status of maturity and human relationships, it is our satisfaction. We regret that time and work on both our parts did not permit us to know you better individually.

However, individually and collectively, we wish the Graduating Class of 1965 every success whatever your forte in life. You, with all who have gone before and all who will come after, will have contributed something unique in the history of the School of Nursing of the Oshawa General Hospital.

W. G. McKAY, M.D.
Chief of Obs/Gyn Section.



MRS. E. BAKER—Head Nurse—4C
MISS H. SMITH—Assistant Head Nurse



DORIS WRIGHT—Calling Dr. Miller



DR. R. K. MILLER



MRS. SINCLAIR—Head Nurse—4A
MRS. V. ELLIOTT—Assistant Head Nurse



MRS. M. MELDRUM—Head Nurse—Nursery
MRS. M. KING—Assistant Head Nurse



DIANE TINK

**D. McDONALD
J. ROBERTSON
and
BABY SISTER**



Hiccoughs are troublesome!



BONNIE HOOKER
A Wee One!



JO-ANNE GALLOWAY
A Contented Baby



Hmm—I could stretch a mile!



RESERVATIONS

Mrs. Johnson and Miss Bird

No Vacancy!

ADMITTING

Name please!



LABORATORY



E K G

Mrs. Kells
Oh! Those aching hearts!



X-RAY

Professional
Photographers



PHYSIO THERAPY

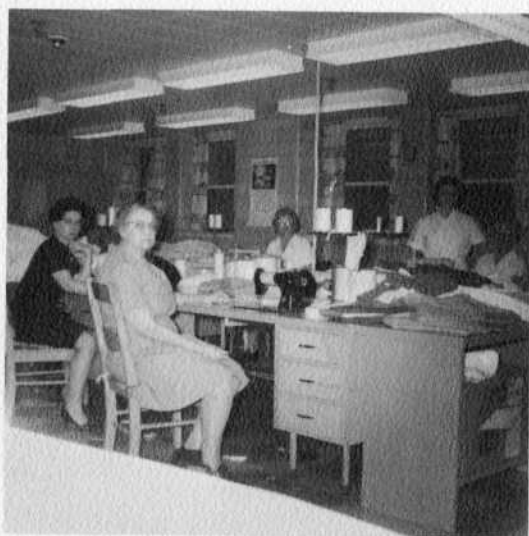
Mrs. Buchanan and helpers.

DIET KITCHEN

"Egg Nogs! Milkshakes!"



LAUNDRY



SEWING ROOM

Mrs. Allison
A stitch in time, saves nine.



SWITCHBOARD

Calling Dr. Red!

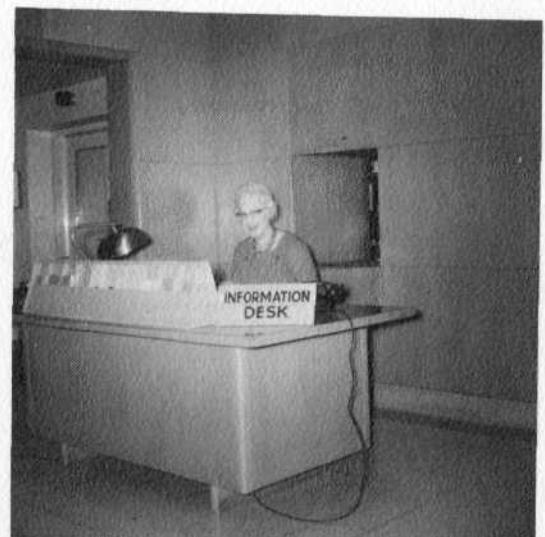


WOMEN'S AUXILIARY

The Gift Shop

INFORMATION

Mrs. M. Marshall
A friend in need, is a friend indeed.





HEALTH OFFICE

Mrs. L. Blackler with Nancy Given
(What next?)

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Mrs. Tite
Miss Seaman



PHARMACY



MEDICAL RECORDS



PAYROLL



CENTRAL SERVICE

Mrs. M. Brown

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DIAPER
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BED SIDE
CARE

NURSE

SKILLED CARE

BEDPAN
HOLDER

PATIENT
INFORMATION

X-RAY

BLOODWORK

COMMUNITY
CHEST

FOLLOWING DOCTORS
FOOTSTEPS.

CHARTING,
REQUISITIONS,
COPYING
ORDERS

DR.

DR.

WHAT IS A STUDENT NURSE?

After the innocence of an entrance examination and before the dignity of an R.N., there is a delightful creature called the Student Nurse . . . S.N.

They come in assorted sizes, weights, and shapes, but they all have the same creed—to enjoy every second of every hour, of every day, off duty or on, and to protest with vigour (their only weapon) when their forty hours are over and their charge nurses are at home.

Student nurses are found everywhere, underneath or jumping through, swimming from or running over. Patients love them, R.N.'s order them, orderlies ignore them, doctors tolerate them and nothing protects them.

A student nurse is truth with blood on her uniform, beauty with gloves on her hands, wisdom with penicillin in her hair, and a future with scissors in her pocket.

To a doctor, a student nurse is an inconsiderate, questioning and intruding bundle of noise. When you want her to make an impression, she becomes a sadistic, giggling, creature who is bent on wasting as much time as possible, and sleeping through classes.

A student nurse has the appetite of a horse, the energy of a soap solution enema, the lungs of

a switchboard operator, the sharpness of a scalpel, the audacity of a small child, and when she gives a pill, she has five thumbs on each hand.

She likes good food, vacations, money from home, love stories, doctors, water in its natural state and days off duty. She is not much for books, surgical attire, hair nets, study hours, the metric system, doctors' lectures, case reports, deadlines and living in residence.

No one is so early to rise and so late to retire. No one else can cram into one day; five enemas, twelve complete bed baths, two trips to the morgue, four trips to the Nursing Office, four trips to the pharmacy, rounds with the doctors, three dozen A.P.C.'s, set up a uniform, polish her shoes, stay out until midnight and still get along with her room-mate.

A student nurse is a magical creature — you can keep her in residence, but you cannot make her stay out of trouble, so you might just as well give up. She is your maid, your porter, and your friend.

She is a fun loving bundle of noise but when she gets off duty with aching feet and tired back, she will drop onto her bed and tell her room-mate good night with these famous last words — "WAKE ME UP AT SIX."



UNWANTED?

A miracle . . . before my eyes
A thing of beauty to behold
God's precious gift . . . a newborn child
Lies innocent.
Now in disguise, his future dim
Will soon unfold such beauty as a life can give
. . . Impressions bold.
Thoughtlessly, a moment's pleasure
Destined him to be
Another lonely child . . . unwanted,
Unloved.
Yet fearfully, face to face with life
His little cry reveals
A quiet, humble . . . desperate plea
For love.
Empathize, the nurse is taught
But such a rule is broken
Many times . . . as now, when
All I have is love . . . a prayer
May God protect
And guide this life
And may he some day find . . . in Thee
That perfect love.

First Prize
Winner

Heather Bell
Class of '66.

A TRIBUTE TO THE NURSE

The world grows better year by year
Because some nurse in her little sphere
Puts on her apron and smiles and sings,
And keeps on doing the same old things,
Taking the temperature, giving the pills,
To remedy mankind's numerous ills,
Feeding the baby, answering the bells,
Being polite with a heart that rebels.
Longing for home, and all the while
Wearing the same professional smile,
Blessing the newborn babe's first breath
Closing the eyes that are stilled in death.

Taking the blame for many mistakes
Oh dear! What a lot of patience it takes;
Going off duty at 7 o'clock,
Tired, discouraged, and ready to drop,
But called back on special at 7:15
With woe in her heart which must not be seen,
Morning and evening, noon and night,
Just doing it over and hoping it's right.
When we lay down our caps and cross the bar
Oh Lord, will you give us just one little star
To wear in our crowns with the uniforms new
In that city above, where the head nurse is You.

Author Unknown

THE BEDSIDE NURSE

She knows, she thinks and she learns —
Listening, aware, she walks down the hall, . . . then turns
To a room where life lingers on, hidden in the darkness.
Here, she lifts the barrier and lets light, golden shafts
pierce the dreary gloom.
Suddenly a happy smile comes to the face and soon
Another day is begun.
Each of the people she meets some reflect
Her warmth and kindness —
Love and respect.
Yes, she is devoted to her life-saving work
And keeps away darkness and death's persistent lurk.
She gives perseverance and hope,
And teaches all how to cope
With life's troubles, worries and fears.
She will never grow old, as do some of her peers.
Yes, all have come to love her, down through the years.

VICKY DAY



"JUST A THOUGHT FOR AN IDLE MOMENT."

Sometime when you're feeling important,
Sometime when your ego's in bloom,
Sometime when you take it for granted
You're the best qualified in the room.
Sometime when you feel that your going
Would leave an unfillable hole,
Just follow these simple instructions
And see how it humbles your soul:
Take a bucket and fill it with water;
Put your hand in it up to your wrist;
Pull it out, and the hole that's remaining
Is the measure of how you'll be missed.
You may splash all you please when you enter,
You can stir up the water galore,
But stop, and you'll find in a minute —
That it looks quite the same as before.
The moral of this quaint example,
Is do just the best that you can,
Be proud of yourself but remember,
There is no INDISPENSABLE man.

OLLIE MILLER

PROBIES '66

I woke up in the morning
My skin was red and sore
My face a decubitus ulcer
A great big red bed sore.
We were all initiated
The seniors took us round
We sang and knelt and polished
All around the town.

To firemen and policemen
We sold our onions too
For pennies, dimes or nickels
However we could do.

Our faces green, our hair a scream
Our onions, bells and bows.
Where our costumes come from
Only the senior knows.
We ended with refreshments
And thanks from all who's here
But wait and see what we will do
When we're in our senior year!



RUBY WILKINS,
Class of '66.

The very first patient of our own,
Is a dear old lady who has no home.
She needs your love and tender care,
And you give it with lots to spare.

Maybe the next one isn't so good,
You'd like to hide his head with a hood
But remember your vows, you promised to do
All that was right, faithful and true.

Then comes the innocent babe in his crib,
Can he help what another one did?
No! He looks up to you for a kind loving hand,
Why he must suffer you can't understand.

So this is part of a nurse's big day,
To make someone happy, is your job today,
It's a very small statement, but the words are so true,
Just keep on smiling, God's testing you!

He helped you win the prize you've acclaimed,
It is quite an honour, don't make Him ashamed.

CAROLYN LEE,
Class of 1965

ALUMNAE

THE CLASS OF '64

Shirley Bruce (nee Andrew)—married in the fall—working on 2B at OGH.

Ruth Ratz (nee Bombay)—married in the fall and is living in Kowloon, Hong Kong.

Bonnie Chalmers (nee Cook)—married in the fall—working in New Market.

Rita Augustus (nee Coulter)—living in Whitby.

Joyce Crosby—working at Victoria Hospital.

Patricia Kossatz (nee Davis)—worked in London EOR. Awaiting the arrival of her first child.

Carolyn Dunning—working at Montreal Children's Hospital.

Edith Dunning—Working at Sick Children's Hospital in Toronto.

Marguerite Dykstra—working in the OR at OGH—planning a summer wedding.

Barbara Pearson (nee Eveniss)—is living in Oshawa and is the proud mother of a new baby girl.

Judith Gray—working at Toronto General.

Judith Grierson—working at Toronto General.

Bonnie Kornlyo (nee Haines)—married in the spring—working in the OR at OGH.

Pauline Haugh—working in the OR at OGH, planning a spring wedding.

Shirley Hicks—working at Toronto General—planning a fall wedding.

Judith Hiscocks—working on 2C at OGH.

Diana Jacenty—working on 5F at OGH.

Edith McCaw (nee Jackson)—worked on 4F at OGH, retired to be a new mother.

Pamela Jones—working in Emergency at OGH—leaving for Colorado in September.

We the 'Class of 65' congratulate . . . Miss Jane Cole on 50 years of nursing service.

Ina Kiezebrink — working at Sick Children's Hospital in Toronto.

Patricia Stone (nee Kinsman)—married in the fall—working on 3A at OGH.

Marie Laviolette—working on 5F at OGH.

Helen Howden (nee Laxton)—married in December—working on 2A at OGH, moving to Montreal.

Doris Wright (nee Lees)—married in May—living in Perth for the summer. Will attend Bible College in the fall.

Christina Macdonald—worked in the OR at OGH, left for Europe in April.

Carol Goodfellow (nee McMinn)—married in June—living in Cobourg.

Sandra Morrison—working in the OR at OGH.

Joan Crawford (nee Ormiston)—married in the fall—working in the OR at OGH.

Barbara Pipher (nee Patterson) — married in September—working in Emergency at OGH.

Joan Rorabeck—worked in the OR at OGH, left for Europe in April.

Donna Russell—working in Wellesley in Toronto.

Joan Rutherford—working in the OR at OGH—to be married in July.

Linda Edmondson (nee Sanders)—working on 3A at OGH.

Frances Walker—working at Sick Children's in Toronto—planning a fall wedding.

Judith Whitbread—working on 3F at OGH.

Gail Cockburn (nee Whyte)—working in ICU at OGH.

Barbara Woods—working at New Mount Sinai in Toronto.



BB

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of*

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To The Student Nurses

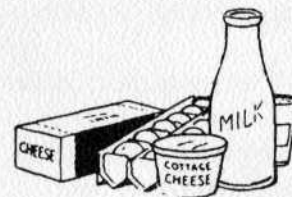
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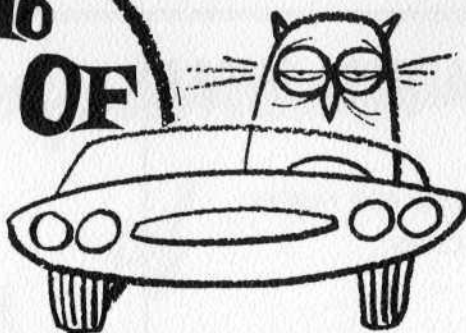
21 Athol St. W.

Photography

723-3680

BIRDS TO BEWARE OF

Unfortunately, these species are not extinct, so while you're driving, keep a sharp lookout for these birds—and be sure that no one thinks you're one of them



NOCTURNAL DIMWIT
(drives in the dark with parking lights)



ONE-EYED NIGHTHAWK
(ignores his burned-out headlamp)



HILL-PASSING SWIFT
(ignores no-passing signs on hills)



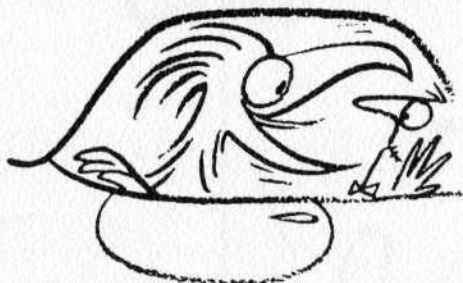
CROSSWALK CREEPER
(can't resist cheating on the take-off)



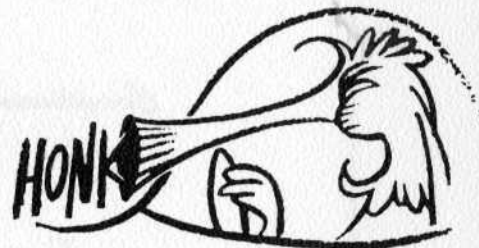
WIDE-SWEEPING TERN
(watch out for him on curves)



ONE-WINGED ROOF CLUTCHER
(disdains two-handed driving)



HEAD-TURNING CHATTERBIRD
(seldom bothers to keep his eyes front)



ADDLEPATED HONKER
(always sounding off without reason)



HALF-BLIND LOON
(a dirty windshield is his trade-mark)



MIGRATORY WEAVERBIRD
(constantly jumping lanes in heavy traffic)



RUFFLE-FENDERED TAIL-GATER
(he bears the marks of too-close contact)

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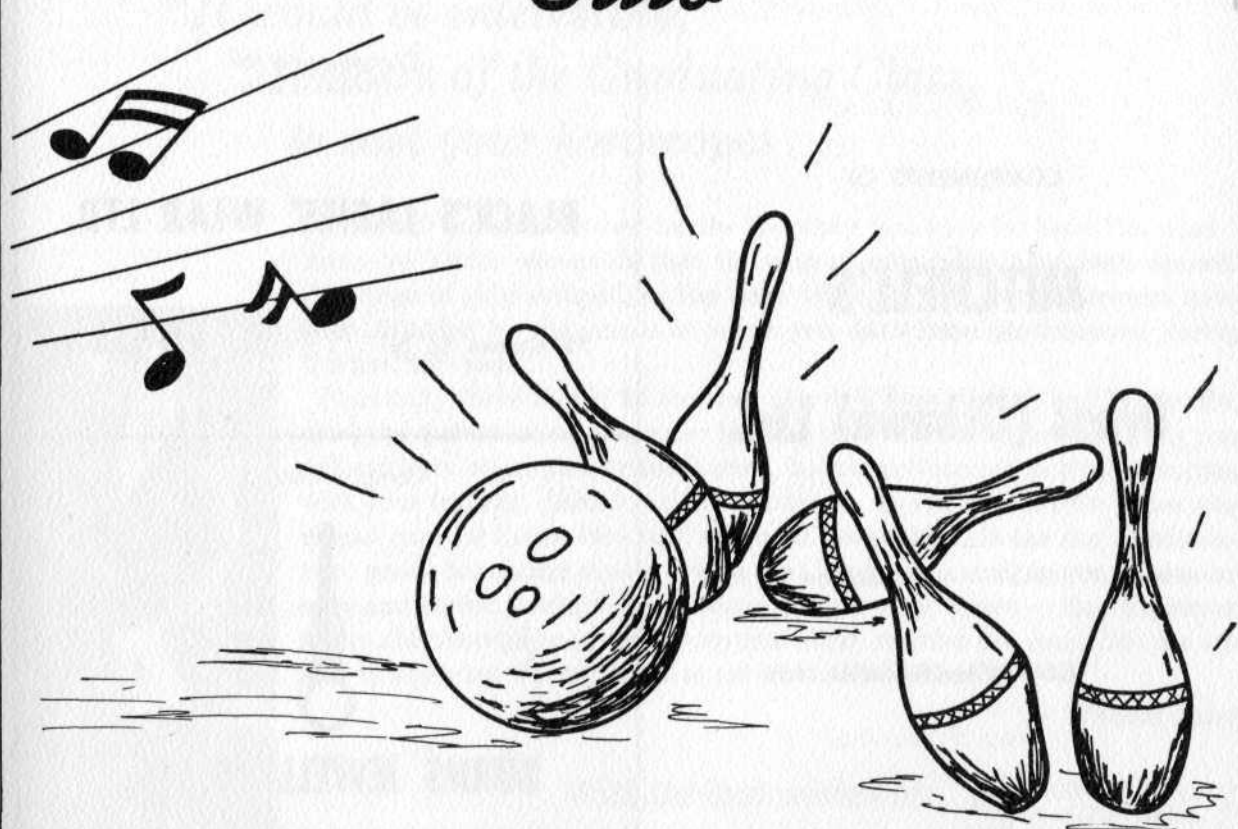
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*"It would be interesting,
Members of the Graduating Class,
to cast your horoscopes . . .*

"YOU will be better women for the life which you have led here. But what I mean by 'better women' is that the eyes of your souls have been opened, the range of your sympathies has been widened, and your characters have been moulded by the events in which you have been participators during the past two years.

"Practically there should be for each of you a busy, useful, and happy life; more you cannot expect; a greater blessing the world cannot bestow. Busy you will certainly be, as the demand is great, both in private and public, for women with your training. Useful your lives must be, as you will care for those who cannot care for themselves, and who need about them, in the day of tribulation, gentle hands and tender hearts. And happy lives shall be yours, because busy and useful; having been initiated into the great secret — that happiness lies in the absorption in some vocation which satisfies the soul; that we are here to add what we can *to*, not to get what we can *from*, life."

Sir William Osler

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a correct
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